BE ROAD SAFE

Below are some tips for regular checks of your vehicle that should be completed throughout the year and before undertaking long journeys.

- **Fuel** – check that you have enough fuel for your journey
- **Lights** – check that they are still working
- **Oil** – monitor the oil level in the engine itself, don't just rely on the warning light on the dashboard
- **Water** – please make sure you check your coolant and washer fluids levels frequently
- **Electrics** – while you are under the bonnet, make sure you check the battery level
- **Rubber** – make sure your tyres have enough tread and depth so that they are compliant with the law. Also check that the tyre pressure is at a sufficient level

Also, remember the fatal four that are the primary cause of most road traffic collisions

Drink and drugs

Don't drink or take drugs and drive. The only safe limit is none, you can still be over the limit the morning after

Speeding

Keep to the speed limit. It could be the difference between life and death

Seatbelts

Always wear your seatbelt. Make sure any passengers you are carrying are wearing their belt. Make sure children are in an appropriate car booster seat if needed

Mobile phones

If you're caught using a handheld phone while driving, you will get six penalty points on your licence and a fine of £200. Switch it off before you drive

what3words

Download the what3words app to help give emergency services your precise location

Follow these safety tips and enjoy a safe journey. Find out more by visiting

www.northantsfire.gov.uk/road-safety/

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